



Discharge & after care

After clients complete their residential programme, an aftercare programme is drawn together with the client and his/her family which include home visit by the case manager or client visit to the centre or referral to relevant services near the client's home.

Service charge

Our charges are Ksh. 100,000 for the three months residential programme paid either in full upon admission or in three installments (45,000/= , 35,000/= , 20,000/=)

Contacts

For further information, contact the Christ the

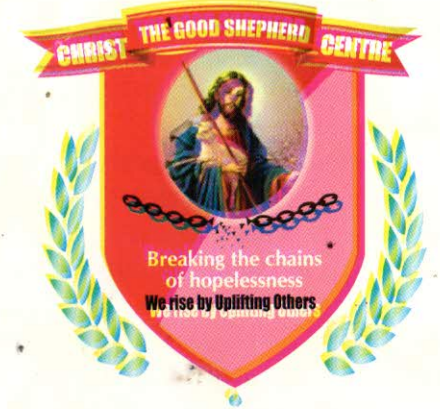
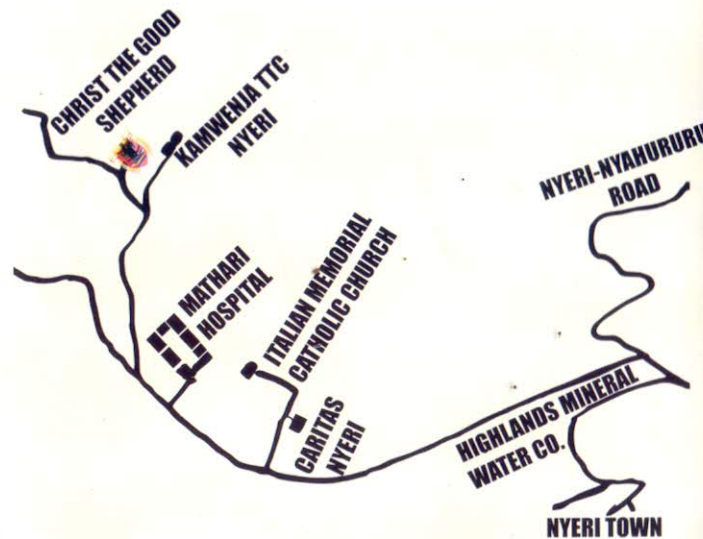
Good shepherd on;

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MAP



Christ the Good Shepherd Centre



cgsrehab@gmail.com

We rise by uplifting others

CHRIST THE GOOD SHEPHERD CENTRE

Christ the good shepherd is a treatment and rehabilitation centre for people suffering from alcoholism and drug abuse or dependency and other co-occurring disorders. This centre is owned by Archdiocese of Nyeri-Caritas and its located next to Kamwenja teachers training college.

Our programmes are provided by a team of professional addiction counsellors, psychiatrists, psychologists, social workers, nurses and medical doctors committed to walking with the clients on their journey to rediscover themselves and renew their hope.

MISSION:

To offer integral and quality rehabilitation services with compassion and expertise that inspires hope, enhance lives and optimizes clients' health, functionality and quality of life.

VISION:

To be the leading rehabilitation centre in the region by delivering comprehensive continuum of services and exceptional clients' experience through the integration of quality care, education and advocacy.

CORE VALUES:

Respect: We treat each other and those we serve with dignity and respect.

Integrity: We honour our commitment to clients, colleagues and community through adhering to highest standards of ethical and professional conduct.

Excellence in service: We embrace innovation and proficiency in our work by providing an outstanding experience for each client we serve.

Compassionate care: We treat every client with dignity, care and supportiveness.

Teamwork: We foster an environment of communication and teamwork.

Collaboration & Partnership: We are a team with one another, other departments, programs, our clients' and their families.

Diversity: We value and promote diversity with respect to gender, race, religion, ethnicity, and physical ability/disability.

Our programme

Christ the good shepherd centre provides the following services;

- ✓ **Individual counselling**
- ✓ **Group counselling**
- ✓ **Family therapy**
- ✓ **Psycho-education**



- ✓ **Spiritual recovery**
- ✓ **Psychiatric services**
- ✓ **The 12 steps**
- ✓ **Recreational/Leisure activities**
- ✓ **Aftercare**
- ✓ **Drug testing**
- ✓ **Community outreach**

Admission

Admission to the centre is open to all regardless of gender, religion or otherwise. The centre offers both residential (minimum 3 months) and non-residential programme depending on the individual needs of a client. Residential clients are required to bring with them personal effects (soap, tooth brush & paste, combs, tissue papers etc), writing materials, slippers, towel and enough cloth including warm jacks.

